

# Prescription for Sleep Test

*This prescription is also accepted in the Quebec health network.*

# Dorma

Sleep Clinic

## TO BOOK AN APPOINTMENT

Phone 514-360-7753  
Toll-Free 855-218-5186  
Fax 438-792-6270  
Email [info@dormalab.com](mailto:info@dormalab.com)  
Website [dormalab.com](http://dormalab.com)

## PATIENT DETAILS

Patient Name : \_\_\_\_\_

Date of Birth : \_\_\_\_\_

Phone : \_\_\_\_\_

## PHYSICIAN DETAILS

Name : \_\_\_\_\_

License No. : \_\_\_\_\_

Fax : \_\_\_\_\_

Phone : \_\_\_\_\_

Signature : \_\_\_\_\_

## REASON FOR CONSULTATION

Sleep Apnea

Snoring

Fatigue/Sleepiness

Other: \_\_\_\_\_

## DIAGNOSIS

Cardio-respiratory polygraphy (at home)\*

*Unless otherwise indicated, Dorma will handle treatment after the test. Our protocol allows for a quick test followed by a consultation with a sleep medicine specialist, who may recommend treatment.*

Diagnostic test only, without treatment follow-up.

## TREATMENT (Optional)

Surgery

### Continuous Positive Airway Pressure (CPAP):

Mandibular advancement device

CPAP titration

Myofunctional therapy

Fixed CPAP \_\_\_\_\_ cmH<sub>2</sub>O

Automatic CPAP \_\_\_\_\_ - \_\_\_\_\_ cmH<sub>2</sub>O

### Longueuil

1185 Chemin du Tremblay  
#205, Longueuil, Qc.  
J4N 1R4



[dormalab.com](http://dormalab.com)

### Montreal

505 Blvd. De Maisonneuve  
Ouest, Suite RC-02  
Montréal, Qc. H3A 3C2